

World championship of Self Defence & Martial Arts Kiev 2011



ISDO World Championship 2011 May 10th - 15th

KIEV, UKRAINE

4th Edition

Men /Women, Juniors F/M, Veterans F/M, Special Forces F/M

IN THE FIGHTING STYLES OF

- Super Kicks Contest
- Shadow Fight Contest
- Equipment Training Contest
- Self Defence Techniques Contest
 - A) Modern B) Traditional C) Extreme
- Forms Contest
 - A) Chinese B) Japanese C) Korean D) Extreme
- Three Points Fights
- Free Contact Fights
- Koshiki Fights

For more details about the above styles please check ISDO rules and regulations

- **Men and women** category includes athletes who are born between 1971 and 1993, accordantly the athletes who are 18-40 years old
- **A' Class Juniors F/M** category includes athletes who are born between 1994 and 1996, accordantly the athletes who are 15-17 years old
- **B' Class Juniors F/M** category includes athletes who are born between 1997 and 1999, accordantly the athletes who are 12-14 years old
- **C' Class Juniors F/M** category includes athletes who are born between 2000 and 2002, accordantly the athletes who are 9-11 years old
- **D' Class Juniors F/M** category includes athletes who are born between 2003 and 2005, accordantly the athletes who are 6-8 years old
- **Veterans F/M** category includes athletes who are born before 1971, accordantly the athletes who are over 40.
- **Special Forces F/M** category includes athletes who serve Special Forces (police, army, navy etc).



DIVISIONS FOR SUPER KICKS, SHADOW FIGHT & FORMS

Category	Age	Weight
Men	18-40	Open Category
Women	18-40	Open Category
Junior A' Male	15-17	Open Category
Junior A' Female	15-17	Open Category
Junior B' Male	12-14	Open Category
Junior B' Female	12-14	Open Category
Junior C' Male	9-11	Open Category
Junior C' Female	9-11	Open Category
Junior D' Male	6-8	Open Category
Junior D' Female	6-8	Open Category

DIVISIONS FOR THREE POINT, FREE CONTACT & KOSHIKI

Category	Age	Weight				
Men	18-40	-60	-70	-80	-90	+90
Women	18-40	-60	+60			
Junior A' Male	15-17	-60	-70	-80	+80	
Junior A' Female	15-17	-60	+60			
Junior B' Male	12-14	-40	-50	-60	+60	
Junior B' Female	12-14	-40	+40			
Junior C' Male	9-11	-35	-45	+45		
Junior C' Female	9-11	-35	+35			
Junior D' Male	6-8	-25	-35	+35		
Junior D' Female	6-8	-25	+25			
Veterans Male	+40	-75	+75			
Veterans Female	+40	-60	+60			

DIVISIONS FOR SELF DEFENCE

Category	Age	Weight
Men	18-40	Open Category
Women	18-40	Open Category
Veterans Male	+40	Open Category
Veterans Female	+40	Open Category
Special Forces Male	NO AGE LIMIT	Open Category
Special Forces Female	NO AGE LIMIT	Open Category

DIVISIONS FOR EQUIPMENT TRAINING CONTEST

Category	Age	Weight
Men	18-40	Open Category
Women	18-40	Open Category



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Sports

Football (soccer) is the most popular spectator sport among the young in Kiev, followed by basketball and ice hockey. Kiev has many professional and amateur soccer clubs, including the Arsenal and, especially Dynamo, which both play in the top division of the Ukrainian Premier League. Other less prominent sport clubs in the city include: the Obolon soccer club, the Sokil hockey club and Kyiv basketball club.

The Olympic Stadium in 1980 following the reconstruction for the 1980 Summer Olympics

During the 1980 Summer Olympics held in the Soviet Union, Kiev held the preliminary matches and the quarter-finals of the football tournament at its Olympic Stadium, reconstructed for the event. The stadium is the largest of Ukrainian stadiums, as well as among Kiev's 15 stadiums/sport complexes. Initially constructed for audience of 100,000, following the installation of individual seats it can now accommodate 83,053 spectators. Other notable sport stadiums/sport complexes in Kiev include the Lobanovsky Dynamo Stadium, the Palace of Sports, among many others.

Kiev does not only host field games and indoor sports, but also aquatic sports, which take place on the Kiev Reservoir at Vyshhorod, and on Trukhaniv Island in the Dnieper river, opposite the city center, where there are many fine beaches and recreational facilities. In addition to that, cross country bicycling is another favorite sport, also taking place on the Trukhaniv Island.

Cuisine

Kiev is also a great place for the food lovers, and not only those who have been fond of Ukrainian cuisine. An increasing number of international travellers, as well as the interest with which the Ukrainian city dwellers approach, have spurred a steady growth of bars and diners ranging from Japanese sushi-bars to traditional Italian and Spanish restaurants.

While there is about as much contrast between these in terms of quality of food served as there is between the social classes in Ukraine, the majority of eateries tend to be overpriced, however featuring polite and thorough services.

Architecture

Probably, Kiev most famous historical architecture complexes are St. Sophia Cathedral and Kiev Pechersk Lavra (Monastery of the Caves), which are UNESCO World Heritage Sites.

Noteworthy historical architectural landmarks also include the Mariyinsky Palace (designed and constructed from 1745 to 1752, then reconstructed in 1870), several Orthodox churches such as St. Michael's Cathedral, St. Andrew's, St. Vladimir's, the reconstructed Golden Gate, and others.





What to do first when you arrive in Kiev

1. Accommodation

All teams will need to settle their accommodation payment in order to proceed to the next steps. Only the team leader will be allowed to enter the accommodation office and settle all payment in cash.

No credit cards or cheques will be accepted. Make sure you have exact cash with you. Please note that all payments must be made in **Euros only**.

2. Registration

To avoid long queues it is wise to pre-register on line. You will find the registration form on the web site or you can request to send you one via email. This will enable you to finish faster with Doctor and Weight in as priority will be given to you. All athletes will need to fill in one participation form per style. Only the team leader will be allowed to enter the registration office and settle all payment in cash.

Please note that all payments must be made in **Euros only**.

3. Athlete Passports

All athletes will need to have the athlete passport in order to be able to participate and pass medical control. The new passport costs 25 Euros and the renewal 15 Euros. Make sure you have a passport size photo with you.

4. Medical Examination

All athletes will pass the medical control as it states in the invitation program. Those who will not be on time and skip the medical examination will not be able to participate. No exceptions can be made for any team. The Medical examination cost will be covered by the Promoter.

5. Weight In

The weight in will take place right after you finish with Doctor Check. Please make sure that you are the same weight as originally confirmed in your participation form. If you lost or gained weight then you will be moved to another division. The weight in will close at 15.00 o' clock on the 10th of May. Make sure your team will be at least two hours earlier to finish on time. The athlete is allowed to officially weight in only once.

*All steps above will take place in the hotel you will be staying.



Terms Of Participation

We are kindly asking for your cooperation in order to make this a successful event. Please make sure that you read the terms carefully.

A) Every athlete must have in possession the official Athletes Passport. The athlete's passport must be stamped and have a photo in order to be valid and pass the registration and weight in. Passports can be obtained upon arrival.

B) Each Team should bring along their National Anthem in a CD or USB stick and have their flag for the opening ceremony parade.

C) Each fighter is obligated to prove his nationality and Age, by providing the Travel Passport or any other official document.

D) All Teams that wish to participate shall send the Participation Statement which has been send with this Invitation, to ISDO office the 10th of April 2011.

Send their participation forms after the above mentioned date will face penalty. Please be sure you mention the correct age and exact weight of each fighter.

E) Only divisions which include at least 4 different countries are considered as Official Divisions in World Championships. In case the above criteria do not meet, then these divisions will not count as a World Championship Result but as an Open Tournament Result. Different Medals will be provided to these athletes.

F) Participation Fee: 40 Euro per person per Style up to the **10th of April 2011**. Delayed participations will face penalty and will be charged 60 Euro per person per Style

G) All teams that do not speak English must have an interpreter to assist them.



Accommodation & Transfer Rates

Option A: Breakfast and Dinner Included

	Double Room	Single Room	Double Superior
4*Hotel	150€	95€	219€
3*Hotel	130€	88€	150€

Option B: Breakfast Only

	Double Room	Single Room	Double Superior
4*Hotel	125€	85€	194€
3*Hotel	116€	78€	135€

All rates per room per day

Distance from the above hotels to stadium is within walking distance, no daily transfer required.

A deposit of 50% of the total accommodation cost is required in order to secure your rooms. This amount will need to be deposited no later than the 1st of April 2011. For those who will not book on time the above rates will not be valid and the hotels might be far away from the venue. After the 1st of April the responsible company can not guarantee, price or quality of the hotels.

To guarantee you will get the rates above, make sure you book on time. For last minute requests please note that the above price list or hotel rating will not be valid.

THE PROMOTER HAS AGREED AND SIGNED A CONTRACT WITH AN ACCOMMODATION COMPANY. THE COMPANY HAS ALREADY PAID THE ACCOMMODATION FOR ALL DELEGATIONS SO FOR YOUR ACCOMMODATION, DEAL ONLY WITH THIS COMPANY.

TEAMS THAT WILL NOT RESPECT THIS RULE AND BOOK IN OTHER HOTELS BY THEIR OWN WILL BE EXCLUDED FROM THE CHAMPIONSHIP!

Please state if you will need transfer from the airport to the hotel and vice versa.



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Program of the Event

9th of May, Monday:

Arrivals, Registration, weight in control, medical examinations

10th of May, Tuesday:

Arrivals, Registration, medical examinations and weight in control up to 15.00 o'clock, opening ceremony & teams' parade at 17.00

11th of May, Wednesday:

Seminars for judges and referees, program reviewing by coaches

12th of May, Thursday:

First day of Fights 10.00 to 15.00 "Sport Palace"

13th of May, Friday:

Second day of fights 10.00 to 15.00 "Sport Palace"

14th of May, Saturday:

Third day of fights 10.00 to 15.00 "Sport Palace"

15th of May, Sunday:

All Final fights "Sport Palace"

16th of May, Monday:

Departure of the teams

Please bear in mind that changes will occur to the schedule in order to assist all teams the best possible way. We ask for your kind cooperation and understanding.